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# LIFE

## SEMINAR

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*“Without counsel, plans go awry. but in the multitude of counselors they are established.”*  
Proverbs 15:22

History is filled with stories of people who have made bad choices. What about you? Have you ever done something or said something that you wish you could take back? In real-estate they call bad decisions “buyer’s remorse.” The most important thing in life is to make the right decisions. Everything that we do in life is dependent on our decisions. One good decision can equal a lifetime of happiness. One bad decision can equal a lifetime of sorrow on earth. The caliber of your life is going to be dependent on the choices you make, and this LIFE Seminar is about helping you live a more abundant life (John 10:10).

**List four major factors that cause us to make poor decisions:**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

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## What are the five steps to making good, sound decisions?

Step 1. Know what you \_\_\_\_\_  
\_\_\_\_\_ in life.

Step 2. Write out and weigh the \_\_\_\_\_ and  
\_\_\_\_\_.

Step 3. Consider the decision in light of your  
\_\_\_\_\_.

Step 4. \_\_\_\_\_ several days before finalizing your  
decision.

Step 5. \_\_\_\_\_ the decision

### Life Group

1. Write in order what you value most in life and where you want to improve over the next 12 months?

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2. Write down some good decisions that you need to make to improve these areas of your life. Give some examples.

3. Are you willing to start reading one to two chapters per day from the book of Proverbs?

### Homework

Mastering your life is not done in an instant. It takes time as we create habits that we know will benefit us. Now is the time to start a new daily habit. When you first wake up each morning start thinking about something for which you are grateful. Each day, try to think of something new. Be sure to remind yourself that whatever it is that you are grateful for, is there because of a good choice that you made. Journaling what you are thankful for is a great way to remind yourself of the many blessing that you have.

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## Notes and Action Points